

## Death Cafe- Lunch and Learns

Located within Body Essential Wellness Center Studio 5225 Sheridan Drive, Williamsville (located in the Georgetown Square Plaza

## Sunday March 30th 12pm-2pm

## Talking about Grief

Special guest Tom Bender of Grief Talks and Certified Grief Educator, as he shares his personal grief story as we discuss normalizing the conversation around love and loss.

Lunch and refreshements will be available.

Cost is \$25 per person and RSVP's are needed to save your spot as we have limited available.

Please contact Christine at 716-432-8312

or

Kerry at 716-395-9797 to RSVP